- Dedicated staff with advanced training in areas such as women's health and nutrition
- Trained nurses on staff
- Free shipping of most prescription medications and nutraceuticals
- Competitive prices, generous loyalty program and discount generic drug program
- Convenient, free parking located in front of the store on Marginal Way or in the adjacent parking garage
- Automated prescription refill phone line and web-based refill requests
- Text notification of filled prescriptions (if desired)
- Contracts with most major insurance providers



### **EXPERIENCE** MORE WITHOUT PAYING MORE



The InterMed Building 84 Marginal Way Portland, Maine 04101

Retail Pharmacy: 207.774.5220 Nutraceuticals: 207.899.0993 Compounding Pharmacy: 207.899.0886

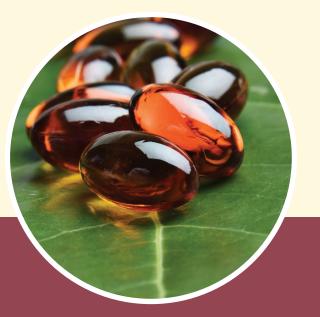




Located within Apothecary by Design is Perx-U-Up, a coffee shop serving pastries and wholesome snacks — including gluten-free options - from local bakeries.



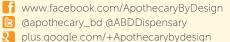
**Your Pharmacy Partner** 



We speak nutraceutical so you don't have to.

#### AT APOTHECARY BY DESIGN, WE ARE PATIENT ADVOCATES.

Our mission is to improve the quality and affordability of healthcare for the people we serve through innovative pharmacy practice.



STORE HOURS: 8AM-6PM Monday-Friday 9AM-5PM Saturday Closed Sunday

Please note the compounding lab is closed on the weekends. Prescription pick-up is still available.

### **INTEGRATED PHARMACY SERVICES**

www.apothecarybydesign.com

## THE CURE FOR THE COMMON PHARMACY

There was a time when the Apothecary was a place where you could get safe, reliable medicine, carefully prepared by experienced professionals. It was a place where your pharmacist counseled you regarding your prescriptions, was pro-active on your behalf and carefully coordinated your care with your health care practitioner. But in today's world, something's been forgotten. Your pharmacy should be about your health — not selling Cheetos and lawn chairs. At Apothecary by Design we are uniquely focused on the practice of pharmacy.

Our integrated pharmacy model brings together traditional prescriptions with customized compounded medications, nutritional support and cutting-edge specialty pharmacy services providing patients and their health care providers with a wide range of tools and expertise.

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I am old enough to remember what it was like to receive good service from shops and businesses. In the fast-paced world of chain stores, it's obvious that Apothecary by Design still values service to its customers."

#### NUTRACEUTICAL EXPERTS, AT YOUR SERVICE

At Apothecary by Design we take a comprehensive view of your health and well-being. While medications and prescriptions are essential for disease management, dietary supplements play a role in improving quality of life. Many prescription drugs can also block your body's ability to absorb or create essential vitamins and minerals, depleting critical nutrients. Our staff understands that nutraceuticals (high quality nutritional supplements) are complex and often confusing with so many brands and products available. Our wellness specialists are committed to sourcing premium quality products and serving as a professional resource to patients. We excel at tracking down hard to find products, and we even ship them right to your home.

Our lead pharmacist, Greg Boucouvalas, RPh, MS, has a Master of Science in Human Nutrition, and is up to date with the most current advances in natural medicines.

# OUR AREAS OF NUTRACEUTICAL EXPERTISE

Multi-Vitamins & Minerals Digestion & Cleansing Natural Skin & Body Care Herbal Extracts & Tinctures Homeopathic Remedies Protein Powders Amino Acids Joint Health Fish Oils Probiotics Antioxidants Pediatrics Sports Nutrition

#### NOT ALL VITAMINS AND SUPPLEMENTS ARE CREATED EQUAL

We ensure the products you buy from us are safe and in optimal condition by assessing the manufacturing process, which fillers are used, and how key ingredients are sourced. Some of our premium and professional nutraceutical brands include: Avena Botanicals Country Life Designs for Health Eclectic Institute Herb Pharm Innate Response Jarrow J.R. Carlson Life Extension Metagenics Motherlove Neuroscience New Chapter Nordic Naturals Suki skincare Thorne Research Vital Nutrients Xymogen