

HERBS FOR A HAPPY GARDEN!

FULL SUN

- Basil (*Ocimum basilicum*)
- Rosemary (*Rosmarinus officinalis*)
- Coriander (*Coriandrum sativum*)
- Hyssop (*Hyssopus officinalis*)
- Lavender (*Lavandula sp.*)
- Sage (*Salvia officinalis*)
- Thyme (*Thymus vulgaris*)
- Marjoram (*Origanum majorana*)

DAPPLED SHADE

- Angelica (*Angelica archangelica*)
- Borage (*Borago officinalis*)
- Peppermint (*Mentha × piperita*)
- Fennel (*Foeniculum vulgare*)
- Lemon Balm (*Melissa officinalis*)
- Ground Ivy (*Glechoma hederacea*)
- Solomon's Seal (*Polygonatum multiflorum*)

SHADE

- American ginseng (*Panax quinquefolius*)
- Balm of Gilead (*Cedronella canariensis*)
- Black cohosh (*Actaea racemosa*)
- Black elderberry (*Sambucus nigra*)
- Blue cohosh (*Caulophyllum thalictroides*)
- Bloodroot (*Sanguinaria canadensis*)
- Bugle (*Ajuga reptans*)
- Celandine (*Chelidonium majus*)
- Comfrey (*Symphytum officinale*)
- Goldenseal (*Hydrastis canadensis*)
- Lily of the valley (*Convallaria majalis*)
- Nettles (*Urtica dioica*)
- Morning glory (*Ipomoea spp.*)
- Skullcap (*Scutellaria lateriflora*)
- Trillium (*Trillium erectum*)
- Valerian (*Valeriana officinalis*)
- Virginia snakeroot (*Aristolochia serpentaria*)
- Wild yam (*Dioscorea villosa*)
- Solomon's Seal (*Polygonatum multiflorum*)
- Sweet violet (*Viola odorata*)

MOIST LOAM

- Angelica (*Angelica archangelica*)
- Bergamot (*Monarda fistulosa*)
- Blue flag (*Iris versicolor*)
- Boneset (*Eupatorium perfoliatum*)
- Brahmi (*Bacopa monnieri*)
- Bugleweed (*Lycopus virginiana*)
- Butterbur (*Petasites spp.*)
- Calamus (*Acorus calamus*)
- Cardinal flower (*Lobelia cardinalis*)
- Chickweed (*Stellaria media*)
- Comfrey (*Symphytum officinale*)
- Datura torna loco (*Datura ceratocaula*)
- Devil's club (*Oplopanax horridus*)
- Elecampane (*Inula helenium*)
- Gravel root (*Eupatorium purpureum*)
- Lady's Mantle (*Alchemilla vulgaris*)
- Lemon Balm (*Melissa officinalis*)
- Marshmallow (*Althaea officinalis*)
- Meadowsweet (*Filipendula ulmaria*)
- Peppermint (*Mentha x piperita*)
- Selfheal (*Prunella vulgaris*)
- Parsley (*Petroselinum crispum*)
- Plantain (*Plantago spp.*)
- Skullcap (*Scutellaria lateriflora*)
- Sundew (*Drosera rotundifolia*)
- Sweet violet (*Viola odorata*)
- True unicorn root (*Aletris farinosa*)
- Valerian (*Valeriana officinalis*)
- Venus flytrap (*Dionaea muscipula*)

Great resources for seeds/plants:

- Eagle Feather Organic Farm, NC (Ginseng & Goldenseal)
- FedCo Seeds, Clinton, Maine
- High Mowing Seeds, Wolcott, Vermont
- Johnny's Selected Seeds, Winslow, Maine
- One Green World, Oregon
- Strictly Medicinals, Oregon



For more information, contact Mischa Schuler at Wild Carrot Herbs.

Herbs@WildCarrotHerbs.com or (207) 274-3242

WELL DRAINED LOAM

- Ashwagandha (*Withania somnifera*)
- Basil (*Ocimum basilicum*)
- Bergamot (*Monarda fistulosa*)
- Bloodroot (*Sanguinaria canadensis*)
- Burdock (*Arctium lappa*)
- California poppy (*Eschscholzia californica*)
- Caraway (*Carum carvi*)
- Catnip (*Nepeta cataria*)
- Chives (*Allium schoenoprasum*)
- Coltsfoot (*Tussilago farfara*)
- Coriander (*Coriandrum sativum*)
- Dill (*Anethum graveolens*)
- Epazote (*Dysphania ambrosioides*)
- Fennel (*Foeniculum vulgare*)
- Hyssop (*Hyssopus officinalis*)
- Lady's Mantle (*Alchemilla vulgaris*)
- Lavender (*Lavandula sp*)
- Lovage (*Levisticum officinale*)
- Marjoram (*Origanum majorana*)
- Parsley Parsley (*Petroselinum crispum*)
- Passionflower (*Passiflora incarnata*)
- Rosemary (*Rosmarinus officinalis*)
- Rue (*Ruta graveolens*)
- Sage (*Salvia officinalis*)
- Savory (*Satureja spp.*)
- Scented geranium (*Pelargonium capitatum*)
- Sweet Annie (*Artemisia annua*)
- Tansy (*Tanacetum vulgare*)
- Thyme (*Thymus vulgaris*)
- White sage (*Salvia apiana*)
- Wood Betony (*Stachys officinalis*)
- Za'atar (*Origanum syriacum*)

CHALKY SOIL

- Catnip (*Nepeta cataria*)
- Chicory (*Cichorium intybus*)
- Hyssop (*Hyssopus officinalis*)
- Juniper (*Juniperus sp.*)
- Lavender (*Lavandula sp*)
- Lungwort (*Pulmonaria officinalis*)
- Marjoram (*Origanum majorana*)
- Motherwort (*Leonurus cardiaca*)
- Pasque flower (*Anemone pulsatilla*)
- Rosemary (*Rosmarinus officinalis*)

LIGHT, SANDY SOIL

- Alfalfa (*Medicago sativa*)
- Anise (*Pimpinella anisum*)
- Arnica (*Arnica montana*)
- Borage (*Borago officinalis*)
- Chamomile (*Matricaria recutita*)
- Coriander (*Coriandrum sativum*)
- Cumin (*Cuminum cyminum*)
- Evening Primrose (*Oenothera biennis*)
- Fennel (*Foeniculum vulgare*)
- Lavender (*Lavandula spp*)
- Pleurisy root (*Asclepias tuberosa*)
- Tarragon (*Artemisia dracuncululus*)
- Thyme (*Thymus vulgaris*)
- Wild Carrot (*Daucus carota*)
- Marjoram (*Origanum majorana*)

CLAY SOIL

- Bergamot (*Monarda fistulosa*)
- Burdock (*Artium lappa*)
- Coltsfoot (*Tussilago farfara*)
- Comfrey (*Symphytum officinalis*)
- Mints
- Wormwood (*Artemisia absinthium*)

(with good topsoil, loam and moist loam will do well with this soil type)

MARSHY GROUND

- Angelica (*Angelica archangelica*)
- Calamus (*Acorus calamus*)
- Comfrey (*Symphytum officinalis*)
- Goldenseal (*Hydrastis canadensis*)
- Horsetail (*Equisetum arvense/hyemale*)
- Peppermint
- Iris (*Iris versicolor*)
- Marshmallow (*Althea officinalis*)
- Meadowsweet (*Filipendula ulmaria*)
- Skullcap (*Scutellaria laterifolia*)
- Valerian (*Valeriana officinalis*)



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